1  
00:00:01,300 --> 00:00:02,860  
好了，各位同学们  
  
2  
00:00:02,900 --> 00:00:05,140  
咱们继续聊金匮要略  
  
3  
00:00:06,350 --> 00:00:10,950  
到今天呢，咱们已经讲到了第21篇  
  
4  
00:00:12,330 --> 00:00:13,090  
妇人，产后  
  
5  
00:00:14,770 --> 00:00:19,180  
富人一共三篇人参篇，咱们整体说完了  
  
6  
00:00:19,300 --> 00:00:22,900  
产后呢，是它的中间的内容啊  
  
7  
00:00:26,880 --> 00:00:29,400  
首先我们看条文问曰  
  
8  
00:00:31,380 --> 00:00:32,740  
新产妇人有三病  
  
9  
00:00:36,060 --> 00:00:36,900  
这个地方呢  
  
10  
00:00:37,700 --> 00:00:41,000  
各个版本之间不一样啊  
  
11  
00:00:41,280 --> 00:00:44,160  
那么我们这个梅花本是这么写的  
  
12  
00:00:44,560 --> 00:00:47,360  
医者并赤啊  
  
13  
00:00:48,240 --> 00:00:49,960  
很多版本也做静  
  
14  
00:00:51,880 --> 00:00:53,520  
在这儿说明一下  
  
15  
00:01:07,720 --> 00:01:09,200  
从书写的角度来说  
  
16  
00:01:09,640 --> 00:01:13,240  
鲁鱼亥河啊，它很容易误解  
  
17  
00:01:13,440 --> 00:01:17,880  
这个在版本里头也是常见现象  
  
18  
00:01:19,830 --> 00:01:21,190  
静和赤不管怎么样  
  
19  
00:01:21,190 --> 00:01:23,510  
他意思是相同的啊  
  
20  
00:01:25,020 --> 00:01:28,060  
所谓动风之症啊  
  
21  
00:01:29,780 --> 00:01:30,180  
痉挛  
  
22  
00:01:31,140 --> 00:01:34,860  
甚则角弓反张啊，珠爆浆直皆属于风  
  
23  
00:01:37,500 --> 00:01:38,860  
为什么会出现这个问题  
  
24  
00:01:39,500 --> 00:01:40,660  
核心就俩字  
  
25  
00:01:40,740 --> 00:01:42,700  
血虚啊  
  
26  
00:01:44,000 --> 00:01:44,800  
妇人产后  
  
27  
00:01:46,040 --> 00:01:50,430  
那可想而知，产后首先失血  
  
28  
00:01:52,190 --> 00:01:52,750  
血不足  
  
29  
00:01:53,030 --> 00:01:53,630  
血不足  
  
30  
00:01:54,540 --> 00:01:56,180  
血虚则溢，生什么呀  
  
31  
00:01:56,860 --> 00:01:57,060  
啊  
  
32  
00:01:57,220 --> 00:01:58,300  
容易生风啊  
  
33  
00:01:58,300 --> 00:01:59,140  
就这么回事  
  
34  
00:01:59,580 --> 00:02:01,780  
那么就产生了这个症状  
  
35  
00:02:03,130 --> 00:02:04,850  
二者并浴帽  
  
36  
00:02:05,210 --> 00:02:06,530  
浴帽是啥意思呢  
  
37  
00:02:07,870 --> 00:02:09,789  
它其实拆开是两个字  
  
38  
00:02:11,640 --> 00:02:14,960  
卯，在伤寒金匮里多见啊  
  
39  
00:02:14,960 --> 00:02:17,320  
我们经常能看见帽是什么概念  
  
40  
00:02:17,520 --> 00:02:20,080  
就是头晕啊，眩晕的概念  
  
41  
00:02:23,900 --> 00:02:25,140  
浴帽啥意思啊  
  
42  
00:02:25,220 --> 00:02:28,460  
我的理解玉就是洋芋洋气备御  
  
43  
00:02:29,910 --> 00:02:31,510  
那为什么新产之后啊  
  
44  
00:02:32,310 --> 00:02:37,070  
阳气营血虚损  
  
45  
00:02:37,350 --> 00:02:39,190  
那么造成阳气不能通达  
  
46  
00:02:40,150 --> 00:02:40,990  
不通则愈  
  
47  
00:02:41,230 --> 00:02:44,710  
我们在伤寒里厥阴篇  
  
48  
00:02:45,660 --> 00:02:48,020  
那么比如说麻黄升麻汤啊  
  
49  
00:02:48,020 --> 00:02:51,660  
那它也是出现了阳痿的病机啊  
  
50  
00:02:52,540 --> 00:02:53,620  
跟这个道理差不多  
  
51  
00:02:53,780 --> 00:02:55,180  
脉也是比较微弱的  
  
52  
00:02:56,390 --> 00:02:59,510  
洋芋不能四达，所以怎么办呢  
  
53  
00:03:00,030 --> 00:03:02,310  
故弃忌上冲而为浴帽  
  
54  
00:03:05,420 --> 00:03:10,020  
这也是新产妇人常常出现的症状之一啊  
  
55  
00:03:10,180 --> 00:03:13,680  
这个痉挛、头晕  
  
56  
00:03:16,120 --> 00:03:19,800  
当然，从现代医学的角度来看啊  
  
57  
00:03:19,880 --> 00:03:22,320  
如果是我们讲  
  
58  
00:03:23,060 --> 00:03:26,170  
呃，失血之后啊  
  
59  
00:03:26,250 --> 00:03:28,890  
人的这个血压比较低啊  
  
60  
00:03:28,970 --> 00:03:30,170  
血压低了之后呢  
  
61  
00:03:32,120 --> 00:03:35,930  
很容易有这个起则头眩的症状吧  
  
62  
00:03:36,010 --> 00:03:36,610  
头晕啊  
  
63  
00:03:36,650 --> 00:03:40,090  
那么体位性的改变引起的头晕  
  
64  
00:03:40,720 --> 00:03:44,080  
蹲下或者坐着一站起来头就晕  
  
65  
00:03:47,240 --> 00:03:51,400  
三者大便男，那么大便男为什么也很简单  
  
66  
00:03:52,560 --> 00:03:55,280  
王津业啊  
  
67  
00:03:55,400 --> 00:03:56,640  
王，今夜故大便难  
  
68  
00:03:57,000 --> 00:04:00,040  
这个我们可以归而统之  
  
69  
00:04:00,480 --> 00:04:05,460  
你看，无论是静浴帽还是大便男  
  
70  
00:04:05,940 --> 00:04:09,720  
其实它围绕的核心就是凝血的问题啊  
  
71  
00:04:09,840 --> 00:04:11,880  
不是血分就是赢分啊  
  
72  
00:04:11,880 --> 00:04:13,560  
这么两个问题，好  
  
73  
00:04:13,560 --> 00:04:14,640  
我们接着往后看  
  
74  
00:04:16,700 --> 00:04:19,779  
第二条，产妇浴帽  
  
75  
00:04:20,700 --> 00:04:24,460  
这就比较细致的解释了啊  
  
76  
00:04:25,270 --> 00:04:28,070  
仲景行文总是在前面总结一下对吧  
  
77  
00:04:28,070 --> 00:04:30,230  
后头他逐渐掰开了给你讲  
  
78  
00:04:30,230 --> 00:04:33,550  
那么浴帽怎么个说法啊  
  
79  
00:04:33,750 --> 00:04:35,990  
告诉你了，其脉微弱  
  
80  
00:04:37,590 --> 00:04:41,430  
由于血虚之后脉体不能充盈啊  
  
81  
00:04:41,430 --> 00:04:43,270  
所以说脉比较微弱的  
  
82  
00:04:44,350 --> 00:04:45,310  
呕，不能食  
  
83  
00:04:47,400 --> 00:04:48,480  
胃气不足啊  
  
84  
00:04:48,720 --> 00:04:50,080  
大便反间  
  
85  
00:04:51,280 --> 00:04:51,480  
呃  
  
86  
00:04:51,600 --> 00:04:54,040  
当然伤寒论里这个尖呢，多做硬  
  
87  
00:04:55,750 --> 00:04:58,350  
这大家知道，我以前也讲过  
  
88  
00:04:58,800 --> 00:05:00,720  
闭的是隋文帝杨坚的讳  
  
89  
00:05:00,800 --> 00:05:01,120  
对吧  
  
90  
00:05:01,400 --> 00:05:01,600  
哎  
  
91  
00:05:01,640 --> 00:05:03,200  
所以说大便反间  
  
92  
00:05:03,280 --> 00:05:06,380  
他就说明出现了，造节啊  
  
93  
00:05:06,420 --> 00:05:06,900  
造史  
  
94  
00:05:08,070 --> 00:05:09,910  
但头汗出所以然者  
  
95  
00:05:09,950 --> 00:05:14,390  
那么回头给你总结四个字，叫血叙而绝啊  
  
96  
00:05:14,430 --> 00:05:17,960  
这就是他这一条的核心啊  
  
97  
00:05:17,960 --> 00:05:19,280  
这条核心就这四个字  
  
98  
00:05:19,360 --> 00:05:20,240  
血虚而决  
  
99  
00:05:21,860 --> 00:05:22,900  
那么血虚而决呢  
  
100  
00:05:23,580 --> 00:05:26,340  
绝而必冒，冒家欲解必大汗出  
  
101  
00:05:27,740 --> 00:05:29,980  
是一个血虚的状态  
  
102  
00:05:31,180 --> 00:05:35,400  
血虚之后肯而出现了四肢厥冷  
  
103  
00:05:36,000 --> 00:05:37,080  
四肢厥冷呢  
  
104  
00:05:38,250 --> 00:05:39,970  
血又虚，四肢又厥冷  
  
105  
00:05:40,490 --> 00:05:41,930  
那么这个人肯定会头晕  
  
106  
00:05:42,800 --> 00:05:46,560  
头晕的人如果要想转归啊  
  
107  
00:05:46,560 --> 00:05:49,960  
如果要是想遇解要好转的话  
  
108  
00:05:51,190 --> 00:05:52,830  
血和阳气要来付的话  
  
109  
00:05:53,710 --> 00:05:56,960  
一定会出现一个变化  
  
110  
00:05:57,160 --> 00:05:58,000  
什么变化呢  
  
111  
00:05:58,320 --> 00:05:59,640  
必大汗出  
  
112  
00:05:59,960 --> 00:06:02,360  
那么肯定会出大汗  
  
113  
00:06:05,300 --> 00:06:05,900  
在这呢  
  
114  
00:06:05,940 --> 00:06:11,140  
我们中医也是中医的一个非常有魅力的地方啊  
  
115  
00:06:12,470 --> 00:06:16,070  
早些年临床，那么经常也碰见这种现象  
  
116  
00:06:16,110 --> 00:06:17,350  
比如说患者呢  
  
117  
00:06:17,970 --> 00:06:19,610  
呃，出现了某些病症  
  
118  
00:06:19,810 --> 00:06:22,490  
咱们再给他调这个方药的时候  
  
119  
00:06:22,490 --> 00:06:24,210  
那么很多时候会告知患者  
  
120  
00:06:24,570 --> 00:06:25,890  
那么假如服药之后  
  
121  
00:06:27,370 --> 00:06:29,050  
过若干时间，对吧  
  
122  
00:06:29,090 --> 00:06:30,730  
若干日或者若干时  
  
123  
00:06:31,410 --> 00:06:34,890  
那么将出现某某某证的变化  
  
124  
00:06:35,410 --> 00:06:37,960  
那么则这个疾病是向好  
  
125  
00:06:38,280 --> 00:06:38,720  
反之  
  
126  
00:06:39,120 --> 00:06:41,960  
如果某某某症，这个疾病呢  
  
127  
00:06:41,960 --> 00:06:43,320  
可能就是不好  
  
128  
00:06:45,880 --> 00:06:49,000  
咱们说中医做学问，什么叫做学问啊  
  
129  
00:06:49,160 --> 00:06:49,880  
我觉得呢  
  
130  
00:06:50,520 --> 00:06:55,970  
并不能仅仅是咱把理化检查都看明白对吧  
  
131  
00:06:55,970 --> 00:06:57,650  
然后这个卖相应该怎么样  
  
132  
00:06:58,050 --> 00:06:59,970  
那我能不能整出一张方啊  
  
133  
00:06:59,970 --> 00:07:02,210  
整出一张患者吃了吃了，有的时候有效  
  
134  
00:07:02,490 --> 00:07:03,850  
有的时候甚至有奇效  
  
135  
00:07:05,570 --> 00:07:08,010  
其实有的时候我们应该多问自己几个为什么  
  
136  
00:07:08,130 --> 00:07:08,970  
那么就这个方法  
  
137  
00:07:08,970 --> 00:07:10,290  
比如说我们没用的时候  
  
138  
00:07:10,610 --> 00:07:12,650  
那你方下去之前  
  
139  
00:07:13,260 --> 00:07:17,140  
能不能有一些预判，这个患者是否会  
  
140  
00:07:18,730 --> 00:07:20,370  
这个有没有效，对吧  
  
141  
00:07:20,410 --> 00:07:22,210  
那以什么为鉴别  
  
142  
00:07:22,410 --> 00:07:25,610  
你看古人在金匮要略这个地方人说的很清楚  
  
143  
00:07:26,010 --> 00:07:29,080  
那么手足厥逆，头晕之人  
  
144  
00:07:29,240 --> 00:07:31,320  
他如果要好转的话，他会出汗  
  
145  
00:07:31,620 --> 00:07:32,580  
那为什么会出汗  
  
146  
00:07:32,860 --> 00:07:33,900  
内经讲的很清楚  
  
147  
00:07:34,300 --> 00:07:35,380  
阳加于阴是吧  
  
148  
00:07:35,380 --> 00:07:36,820  
阳气来富了啊  
  
149  
00:07:36,860 --> 00:07:38,380  
阳气来复了啊  
  
150  
00:07:38,380 --> 00:07:41,160  
所以说这个做学问啊  
  
151  
00:07:42,120 --> 00:07:43,040  
有的时候呢  
  
152  
00:07:44,220 --> 00:07:45,380  
多问几个为什么啊  
  
153  
00:07:45,460 --> 00:07:48,060  
想一想这个疾病的前因  
  
154  
00:07:48,300 --> 00:07:50,340  
想想它的转归后果啊  
  
155  
00:07:51,880 --> 00:07:52,800  
但是老百姓不懂  
  
156  
00:07:52,800 --> 00:07:55,600  
老百姓有的时候一看啊，觉得大夫挺神  
  
157  
00:07:55,720 --> 00:07:56,720  
其实不是啊  
  
158  
00:07:57,080 --> 00:07:59,760  
这个东西呃一层窗户纸，一捅就破  
  
159  
00:08:01,150 --> 00:08:06,750  
那么后头又再次解释了这个血虚而决的一个机理啊  
  
160  
00:08:06,750 --> 00:08:07,510  
他说了一句话  
  
161  
00:08:09,000 --> 00:08:11,400  
乙一出现这个乙字，就是要解释了吧  
  
162  
00:08:11,400 --> 00:08:11,720  
对吧  
  
163  
00:08:12,040 --> 00:08:12,920  
乙，怎么样啊  
  
164  
00:08:14,490 --> 00:08:16,810  
血虚下决  
  
165  
00:08:18,470 --> 00:08:20,790  
由于这个血不足  
  
166  
00:08:22,770 --> 00:08:25,570  
下呢，指的是下缘下焦啊  
  
167  
00:08:30,000 --> 00:08:33,200  
阳气不足了，于是乎孤阳怎么样  
  
168  
00:08:33,840 --> 00:08:38,280  
上出孤阳上出他这点儿洋气啊  
  
169  
00:08:40,440 --> 00:08:43,400  
没有迎音去跟他配偶是吧  
  
170  
00:08:44,600 --> 00:08:46,640  
所以说孤阳必上  
  
171  
00:08:49,940 --> 00:08:51,860  
那么一定会出头汗  
  
172  
00:08:57,360 --> 00:08:58,240  
这个地方呢  
  
173  
00:08:59,620 --> 00:09:02,540  
讲的就是一个关于他的转归的机理  
  
174  
00:09:02,660 --> 00:09:04,420  
那么什么时候，呃  
  
175  
00:09:04,540 --> 00:09:07,420  
看得出来是他的阳气恢复了啊  
  
176  
00:09:07,420 --> 00:09:08,820  
他要好转了啊  
  
177  
00:09:10,280 --> 00:09:14,600  
后面所以产妇洗汗出者说了一个问题  
  
178  
00:09:14,600 --> 00:09:19,190  
产妇如果经常习惯性的容易出汗  
  
179  
00:09:20,390 --> 00:09:21,630  
则怎么样呢  
  
180  
00:09:21,630 --> 00:09:23,350  
叫亡因血虚  
  
181  
00:09:24,590 --> 00:09:25,430  
阳气独盛  
  
182  
00:09:25,870 --> 00:09:26,750  
故当汗出  
  
183  
00:09:27,830 --> 00:09:28,670  
汗出之后呢  
  
184  
00:09:28,670 --> 00:09:30,270  
我们说阳加于阴  
  
185  
00:09:31,530 --> 00:09:32,930  
于是阴阳乃父  
  
186  
00:09:34,220 --> 00:09:35,900  
他就讲了一个呃  
  
187  
00:09:36,580 --> 00:09:42,380  
产妇产后浴帽的一个跟汗初有关的机理啊  
  
188  
00:09:42,980 --> 00:09:47,420  
它的机理的核心无非是孤阳上出，有阳而无阴啊  
  
189  
00:09:47,540 --> 00:09:48,220  
有阳而无阴  
  
190  
00:09:48,220 --> 00:09:50,220  
那么呃，这个阳上来之后  
  
191  
00:09:51,210 --> 00:09:53,730  
阳气独上  
  
192  
00:09:55,300 --> 00:09:55,540  
啊  
  
193  
00:09:55,540 --> 00:09:59,260  
阳气足，上上冲那么冲  
  
194  
00:09:59,300 --> 00:10:00,620  
而之后则合  
  
195  
00:10:00,820 --> 00:10:03,140  
阴阳则合，冲和冲和啊  
  
196  
00:10:04,530 --> 00:10:04,770  
哎  
  
197  
00:10:06,330 --> 00:10:08,250  
就是所谓冲气以为和是吧  
  
198  
00:10:08,410 --> 00:10:08,610  
哎  
  
199  
00:10:08,810 --> 00:10:10,570  
这个道理，呃  
  
200  
00:10:10,650 --> 00:10:14,730  
所以有的时候我们从这个上头，你读书怕细啊  
  
201  
00:10:14,730 --> 00:10:15,610  
你可以思考  
  
202  
00:10:16,250 --> 00:10:18,290  
有的时候你不要畏惧症状  
  
203  
00:10:18,290 --> 00:10:21,410  
我经常跟我学生这么说，你别怕症状对吧  
  
204  
00:10:22,090 --> 00:10:22,810  
别怕事  
  
205  
00:10:23,530 --> 00:10:26,050  
有的时候没有事，儿出来问题解决不了  
  
206  
00:10:27,070 --> 00:10:27,590  
对不对啊  
  
207  
00:10:27,590 --> 00:10:32,800  
你看有很多过去历史上古代的一些王朝到末年  
  
208  
00:10:32,880 --> 00:10:33,960  
他如果不乱  
  
209  
00:10:34,690 --> 00:10:35,770  
则问题解决不了  
  
210  
00:10:35,770 --> 00:10:36,730  
很多问题解决不了  
  
211  
00:10:36,730 --> 00:10:38,370  
那最后一大乱，大乱之后好了  
  
212  
00:10:38,370 --> 00:10:39,250  
大致是不是啊  
  
213  
00:10:39,410 --> 00:10:40,770  
那很多时候都是这样的  
  
214  
00:10:41,090 --> 00:10:41,290  
呃  
  
215  
00:10:41,410 --> 00:10:42,650  
治病也是啊  
  
216  
00:10:43,210 --> 00:10:43,410  
哎  
  
217  
00:10:43,410 --> 00:10:44,370  
治病这个东西呢  
  
218  
00:10:44,450 --> 00:10:46,730  
它不是人为规定，你就得这样  
  
219  
00:10:46,730 --> 00:10:48,830  
你规定不了，它这个东西  
  
220  
00:10:48,830 --> 00:10:50,750  
你用任何规定你也左右不了它  
  
221  
00:10:51,190 --> 00:10:52,470  
它是一个自然规律  
  
222  
00:10:52,550 --> 00:10:54,110  
它不是人文的规律，对吧  
  
223  
00:10:54,550 --> 00:10:54,750  
哎  
  
224  
00:10:54,790 --> 00:10:56,390  
人文你也得遵照自然  
  
225  
00:10:58,580 --> 00:11:01,900  
自然的东西，那是他是一点不给你面子的啊  
  
226  
00:11:01,900 --> 00:11:02,980  
你错了就是错了  
  
227  
00:11:03,220 --> 00:11:04,300  
对了就是对了啊  
  
228  
00:11:04,700 --> 00:11:04,980  
唉  
  
229  
00:11:04,980 --> 00:11:05,900  
所以这个叫冲气  
  
230  
00:11:05,900 --> 00:11:08,340  
以为和啊，好  
  
231  
00:11:08,500 --> 00:11:11,540  
下面叫大便兼偶不能食  
  
232  
00:11:11,540 --> 00:11:13,460  
这个典型的小柴胡汤啊  
  
233  
00:11:13,460 --> 00:11:15,700  
不用咱们赘述了两个点  
  
234  
00:11:15,860 --> 00:11:16,340  
第一  
  
235  
00:11:16,880 --> 00:11:17,920  
发热而呕啊  
  
236  
00:11:18,080 --> 00:11:21,360  
呕而发热，它本身就是一个柴油糖的一个象  
  
237  
00:11:21,960 --> 00:11:23,520  
那么大便肩这个地方呢  
  
238  
00:11:23,520 --> 00:11:27,530  
很多同行有的时候会忽视啊  
  
239  
00:11:27,530 --> 00:11:28,970  
认为柴胡汤症  
  
240  
00:11:30,470 --> 00:11:33,950  
那么可能出现了大便男的情况啊  
  
241  
00:11:33,990 --> 00:11:35,390  
可能会想到大柴胡汤  
  
242  
00:11:35,710 --> 00:11:37,470  
柴胡加芒硝汤等等，对吧  
  
243  
00:11:37,880 --> 00:11:39,240  
呃，那么想不到小柴胡  
  
244  
00:11:39,520 --> 00:11:44,260  
其实小柴胡是临床上可以针对大便的  
  
245  
00:11:44,260 --> 00:11:45,980  
一张非常好的一个方剂  
  
246  
00:11:46,300 --> 00:11:47,460  
大家注意一下啊  
  
247  
00:11:47,540 --> 00:11:50,320  
这个小柴胡好第三条  
  
248  
00:11:51,460 --> 00:11:52,220  
第三条吧  
  
249  
00:11:52,220 --> 00:11:53,820  
没啥太特殊的  
  
250  
00:11:53,820 --> 00:11:55,540  
我简单说一下，呃  
  
251  
00:11:56,180 --> 00:11:59,470  
并解能食78日更发热者  
  
252  
00:11:59,590 --> 00:12:02,150  
此喂食大承气汤主食  
  
253  
00:12:03,250 --> 00:12:05,890  
呃，他讲的是一个啥问题啊  
  
254  
00:12:08,110 --> 00:12:11,310  
其实还是之前那三个事  
  
255  
00:12:11,350 --> 00:12:12,270  
病是什么病  
  
256  
00:12:13,440 --> 00:12:15,280  
新产妇人有三病，对吧  
  
257  
00:12:15,880 --> 00:12:17,440  
病进病于冒大便难啊  
  
258  
00:12:17,520 --> 00:12:20,600  
那么这这几个事好了好了之后呢  
  
259  
00:12:21,110 --> 00:12:23,030  
过了一个星期左右  
  
260  
00:12:24,110 --> 00:12:24,990  
七天啊  
  
261  
00:12:25,110 --> 00:12:27,360  
八天更发热  
  
262  
00:12:27,560 --> 00:12:30,120  
更是再次的意思，热又上来了  
  
263  
00:12:30,720 --> 00:12:32,480  
那么为什么热还能上来  
  
264  
00:12:32,920 --> 00:12:33,480  
很简单  
  
265  
00:12:33,600 --> 00:12:34,960  
因为有素食呗，对吧  
  
266  
00:12:35,160 --> 00:12:36,600  
有燥食呗啊  
  
267  
00:12:36,600 --> 00:12:38,640  
那么你就大承气汤通一通啊  
  
268  
00:12:39,280 --> 00:12:42,840  
这是给你解揭示了一个呃，富人啊  
  
269  
00:12:42,840 --> 00:12:46,070  
那么这个时候的一个常见的底层规律  
  
270  
00:12:46,510 --> 00:12:48,110  
那么在临床上，你作为一个医生  
  
271  
00:12:48,110 --> 00:12:49,470  
你看见了啊  
  
272  
00:12:49,470 --> 00:12:51,110  
你心里有这个，你就不乱  
  
273  
00:12:53,140 --> 00:12:53,380  
好  
  
274  
00:12:53,420 --> 00:12:55,340  
我们接着往后看啊  
  
275  
00:12:55,420 --> 00:12:58,140  
第四条这个汤症  
  
276  
00:12:58,700 --> 00:13:00,860  
那么是我们临床中喜闻乐见  
  
277  
00:13:00,900 --> 00:13:04,310  
也经常喜欢用的一个厨房啊  
  
278  
00:13:05,390 --> 00:13:05,590  
呃  
  
279  
00:13:05,990 --> 00:13:06,710  
相对来说吧  
  
280  
00:13:06,710 --> 00:13:07,590  
也比较安全  
  
281  
00:13:07,870 --> 00:13:12,540  
药食同源，当归生姜羊肉你看里头两个跟做菜有关啊  
  
282  
00:13:12,540 --> 00:13:15,730  
当归你要说硬往那里头放呢  
  
283  
00:13:15,730 --> 00:13:18,410  
现在作为药食同源来说，它也不算毛病  
  
284  
00:13:18,570 --> 00:13:19,850  
对不对啊这  
  
285  
00:13:19,850 --> 00:13:21,370  
但这个防水效果还非常好  
  
286  
00:13:21,850 --> 00:13:22,770  
它治的是什么  
  
287  
00:13:22,810 --> 00:13:24,170  
其实非常简单啊  
  
288  
00:13:24,770 --> 00:13:26,530  
呃，金匮要略的书写呢  
  
289  
00:13:26,530 --> 00:13:28,210  
它也有它的一个底层逻辑  
  
290  
00:13:28,290 --> 00:13:31,610  
第四条的当归生姜羊肉汤，第五条的止少散  
  
291  
00:13:31,810 --> 00:13:33,450  
他俩都讲的是一个事  
  
292  
00:13:33,450 --> 00:13:35,130  
你记住产后腹痛  
  
293  
00:13:35,910 --> 00:13:38,590  
那你说老师我没产后腹痛行不行  
  
294  
00:13:38,790 --> 00:13:39,790  
你看情况啊  
  
295  
00:13:40,150 --> 00:13:43,870  
我现在给你讲是按仲景先师当年原文的思路给你讲  
  
296  
00:13:44,240 --> 00:13:45,840  
但是我们把它拓展一下  
  
297  
00:13:46,360 --> 00:13:49,380  
那我们说这个纸勺散  
  
298  
00:13:50,410 --> 00:13:52,010  
那没生小孩就不能用了吗  
  
299  
00:13:52,050 --> 00:13:54,050  
我们临床上每天都在用啊  
  
300  
00:13:54,570 --> 00:13:57,410  
所以这个东西脂肠大便是不是  
  
301  
00:13:57,490 --> 00:13:57,690  
哎  
  
302  
00:13:57,690 --> 00:13:59,800  
知肠是答辩，你看一下啊  
  
303  
00:13:59,840 --> 00:14:00,760  
第四条第五条  
  
304  
00:14:01,800 --> 00:14:05,480  
首先看第四、说了产后腹中怎么样了  
  
305  
00:14:06,530 --> 00:14:09,010  
脚痛用什么方式组织啊  
  
306  
00:14:10,880 --> 00:14:13,080  
当归生姜羊肉汤  
  
307  
00:14:16,240 --> 00:14:20,640  
这个腹中绞痛咱们上次曾经提过，还记不记得啊  
  
308  
00:14:21,280 --> 00:14:21,560  
哎  
  
309  
00:14:21,560 --> 00:14:22,600  
上次我们曾经提过  
  
310  
00:14:23,210 --> 00:14:26,410  
呃，意思相同病机有点不一样啊  
  
311  
00:14:26,610 --> 00:14:31,050  
这个所谓腹中绞痛我们就要以方测证了  
  
312  
00:14:31,820 --> 00:14:34,020  
伤寒金匮里头有很多类似的地方  
  
313  
00:14:34,180 --> 00:14:35,540  
它的条文比较简单  
  
314  
00:14:36,270 --> 00:14:38,430  
那么你光从这个条件上来看  
  
315  
00:14:38,430 --> 00:14:40,030  
说句实话，似是而非  
  
316  
00:14:40,270 --> 00:14:43,080  
跟他差不多的有很多啊，有很多  
  
317  
00:14:43,360 --> 00:14:45,200  
那么你就只能看看方子  
  
318  
00:14:47,980 --> 00:14:49,380  
方子里面三味药啊  
  
319  
00:14:49,460 --> 00:14:51,220  
这个方我们过去曾经讲过  
  
320  
00:14:51,540 --> 00:14:52,700  
大家简单回顾  
  
321  
00:14:53,310 --> 00:14:55,390  
呃，当归生姜羊肉汤干什么的啊  
  
322  
00:14:55,390 --> 00:14:58,270  
我们说五畜之中，它为什么在这  
  
323  
00:14:58,270 --> 00:14:59,990  
他要单独的用一次羊肉  
  
324  
00:15:01,370 --> 00:15:05,090  
你在整个伤寒论里头你找不着羊肉是不是  
  
325  
00:15:05,330 --> 00:15:05,530  
哎  
  
326  
00:15:05,530 --> 00:15:07,050  
金匮要略里只此一处  
  
327  
00:15:07,330 --> 00:15:09,130  
为什么他要在这用羊肉  
  
328  
00:15:09,430 --> 00:15:16,020  
首先我们说这个五畜之中阳阳的最大的特点啊  
  
329  
00:15:16,380 --> 00:15:17,300  
跟大家聊过吧  
  
330  
00:15:18,300 --> 00:15:19,540  
你看这个  
  
331  
00:15:20,860 --> 00:15:21,060  
啧  
  
332  
00:15:21,460 --> 00:15:24,200  
他那个有一股膻味，是不是啊  
  
333  
00:15:24,440 --> 00:15:25,280  
当然我们知道  
  
334  
00:15:25,640 --> 00:15:26,920  
呃，草原上的羊  
  
335  
00:15:26,920 --> 00:15:28,120  
它走的那个羊啊  
  
336  
00:15:28,520 --> 00:15:32,230  
它一般山味它比较轻，甚至是没有啊  
  
337  
00:15:32,550 --> 00:15:33,750  
相对来说，但是  
  
338  
00:15:35,650 --> 00:15:38,290  
它再轻，你跟猪肉跟牛肉相对比  
  
339  
00:15:38,810 --> 00:15:41,330  
他这个膻味是它的一个特点啊  
  
340  
00:15:41,370 --> 00:15:42,210  
他的一个特点  
  
341  
00:15:43,210 --> 00:15:46,570  
那么膻味我们理解啊  
  
342  
00:15:46,850 --> 00:15:48,890  
把它划归到象数体系里  
  
343  
00:15:49,530 --> 00:15:52,970  
相对来说，它属于清气还是浊气啊  
  
344  
00:15:54,130 --> 00:15:54,850  
它偏浊  
  
345  
00:15:55,810 --> 00:16:00,580  
那么内经有一句话，所谓浊气归心啊  
  
346  
00:16:00,700 --> 00:16:02,300  
银精于脉，对不对啊  
  
347  
00:16:02,820 --> 00:16:03,020  
哎  
  
348  
00:16:03,020 --> 00:16:05,900  
那么因此心主血脉啊  
  
349  
00:16:05,980 --> 00:16:08,260  
心气他能充养血脉  
  
350  
00:16:09,660 --> 00:16:09,860  
呃  
  
351  
00:16:09,940 --> 00:16:10,940  
再加上生姜  
  
352  
00:16:11,580 --> 00:16:14,020  
生姜有横行之象，对不对  
  
353  
00:16:14,020 --> 00:16:14,860  
我跟大家说过吧  
  
354  
00:16:15,180 --> 00:16:17,030  
横着散，横行之象  
  
355  
00:16:17,190 --> 00:16:18,750  
就能有散经之用  
  
356  
00:16:18,750 --> 00:16:20,630  
当然这是我个人体会的啊  
  
357  
00:16:21,150 --> 00:16:21,510  
呃  
  
358  
00:16:22,350 --> 00:16:23,830  
脾气散精上归于肺嘛  
  
359  
00:16:23,830 --> 00:16:24,030  
对吧  
  
360  
00:16:24,030 --> 00:16:26,190  
就那那个散经同同理啊  
  
361  
00:16:26,870 --> 00:16:28,390  
能够散，唉  
  
362  
00:16:28,510 --> 00:16:29,710  
再用当归  
  
363  
00:16:30,110 --> 00:16:31,110  
当归怎么办呢  
  
364  
00:16:32,190 --> 00:16:32,990  
非常简单  
  
365  
00:16:33,460 --> 00:16:34,860  
引血入脉啊  
  
366  
00:16:34,860 --> 00:16:37,540  
把这个哎血再导进来  
  
367  
00:16:37,820 --> 00:16:41,500  
因此他整个啊，就是一个儒养血脉的一张方  
  
368  
00:16:44,660 --> 00:16:48,100  
因此，当归生姜羊肉汤啊这个位置的所谓的腹中绞痛  
  
369  
00:16:48,580 --> 00:16:52,510  
我们从这个五行部位上来看，腹痛  
  
370  
00:16:52,930 --> 00:16:54,890  
它妥妥的，他是脾虚  
  
371  
00:16:55,050 --> 00:16:55,490  
是不是  
  
372  
00:16:55,770 --> 00:16:56,650  
他肯定是脾的问题  
  
373  
00:16:56,650 --> 00:16:58,250  
我们讲过很多次啊  
  
374  
00:16:58,250 --> 00:17:00,250  
那么胃和脾  
  
375  
00:17:00,860 --> 00:17:01,740  
太阴和阳明  
  
376  
00:17:01,980 --> 00:17:03,580  
他跟这个腹部的关联  
  
377  
00:17:03,860 --> 00:17:05,180  
这个肯定是偏于太阴  
  
378  
00:17:05,859 --> 00:17:10,069  
那么你说一个血虚为啥会出问题  
  
379  
00:17:10,069 --> 00:17:10,829  
那非常简单  
  
380  
00:17:11,630 --> 00:17:12,710  
内经有一句话吧  
  
381  
00:17:16,339 --> 00:17:21,140  
这个东西基本上呃咱们说  
  
382  
00:17:26,319 --> 00:17:28,680  
找不到答案的话你翻翻内难啊  
  
383  
00:17:28,680 --> 00:17:29,840  
这里头说的很简单  
  
384  
00:17:30,420 --> 00:17:31,980  
脾裹血是吧  
  
385  
00:17:32,420 --> 00:17:35,340  
脾裹穴我们现在中基呢  
  
386  
00:17:35,340 --> 00:17:39,690  
改成了体能统血都差不多一回事  
  
387  
00:17:42,120 --> 00:17:44,480  
那么反之，血虚之后  
  
388  
00:17:45,400 --> 00:17:48,440  
脾如果不被血养呢  
  
389  
00:17:49,350 --> 00:17:49,670  
对吧  
  
390  
00:17:49,870 --> 00:17:51,790  
脾失血阳，那是不是会疼痛啊  
  
391  
00:17:52,190 --> 00:17:52,390  
哎  
  
392  
00:17:52,390 --> 00:17:55,390  
因此用这个呃，当我身上羊肉汤  
  
393  
00:17:57,400 --> 00:17:57,640  
嗯  
  
394  
00:17:58,440 --> 00:18:01,400  
在临床上他的眼目呢，也比较简单  
  
395  
00:18:01,480 --> 00:18:05,510  
你看一下，如果是两关比较微弱啊  
  
396  
00:18:05,510 --> 00:18:06,990  
两关脉，尤其是左关  
  
397  
00:18:07,150 --> 00:18:08,590  
左关主肝对吧  
  
398  
00:18:08,830 --> 00:18:10,390  
肝主藏血，呃  
  
399  
00:18:10,510 --> 00:18:11,510  
那么这个时候呢  
  
400  
00:18:13,420 --> 00:18:14,860  
你就可以考虑了啊  
  
401  
00:18:15,180 --> 00:18:16,380  
这方就可以考虑了  
  
402  
00:18:16,380 --> 00:18:17,420  
临床效果非常好  
  
403  
00:18:17,980 --> 00:18:18,700  
药食同源  
  
404  
00:18:21,860 --> 00:18:24,420  
一张擅长补虚的方子，啊  
  
405  
00:18:27,040 --> 00:18:27,320  
好  
  
406  
00:18:28,480 --> 00:18:30,400  
我们接着往下看啊  
  
407  
00:18:30,880 --> 00:18:32,080  
我们接着往下看  
  
408  
00:18:34,720 --> 00:18:37,360  
纸勺散这个我们临床上天天用啊  
  
409  
00:18:37,360 --> 00:18:38,280  
用的太多了  
  
410  
00:18:39,020 --> 00:18:42,180  
他的原文所治之疾病比较简单  
  
411  
00:18:42,380 --> 00:18:44,420  
产后腹痛，首先也是肚子疼  
  
412  
00:18:45,140 --> 00:18:48,990  
然后呢，后头有事叫反满不得卧  
  
413  
00:18:49,670 --> 00:18:50,710  
那么为什么反满  
  
414  
00:18:51,740 --> 00:18:52,740  
因为有时热吧  
  
415  
00:18:53,580 --> 00:18:54,940  
哎，不得卧  
  
416  
00:18:55,700 --> 00:18:56,460  
阳不入阴  
  
417  
00:18:57,770 --> 00:19:02,250  
所以这个方，其实它跟当归沉香羊肉汤就形成了一个鲜明的对比  
  
418  
00:19:03,020 --> 00:19:03,620  
一个呢  
  
419  
00:19:03,660 --> 00:19:07,940  
相对来说，当当参羊肉汤它属于湿热的还是虚寒的呀  
  
420  
00:19:08,810 --> 00:19:09,730  
他肯定偏虚寒  
  
421  
00:19:10,210 --> 00:19:12,330  
你等到这个相对来说啊  
  
422  
00:19:12,450 --> 00:19:13,490  
他就偏实热  
  
423  
00:19:14,210 --> 00:19:14,410  
呃  
  
424  
00:19:14,490 --> 00:19:16,850  
那么一个突出绞痛之症状  
  
425  
00:19:16,970 --> 00:19:18,970  
一个则突出反满之症状  
  
426  
00:19:19,370 --> 00:19:20,250  
一个就是疼痛  
  
427  
00:19:20,250 --> 00:19:21,570  
一个是情绪对吧  
  
428  
00:19:22,760 --> 00:19:23,520  
不一样的啊  
  
429  
00:19:24,520 --> 00:19:25,760  
那么为啥他也能疼  
  
430  
00:19:25,840 --> 00:19:27,600  
原因很简单，呃  
  
431  
00:19:28,930 --> 00:19:30,690  
其实四个字吧，总结一下吧  
  
432  
00:19:30,770 --> 00:19:32,370  
木不疏土啊  
  
433  
00:19:32,490 --> 00:19:34,770  
书是疏泄的书，这个你你写上吧  
  
434  
00:19:35,210 --> 00:19:35,850  
木不属土  
  
435  
00:19:36,250 --> 00:19:38,250  
那么它里头有淤血，有气滞  
  
436  
00:19:38,330 --> 00:19:39,250  
那是一定的吧  
  
437  
00:19:40,420 --> 00:19:41,380  
哎，木不属土  
  
438  
00:19:44,200 --> 00:19:45,200  
用纸烧散  
  
439  
00:19:45,320 --> 00:19:46,960  
所以二者之间鉴别  
  
440  
00:19:47,000 --> 00:19:50,360  
其实我个人更习惯用一个脉象就搞定了啊  
  
441  
00:19:50,870 --> 00:19:53,310  
你从脉象上它就非常的清晰  
  
442  
00:19:53,830 --> 00:19:55,030  
呃，只少散呢  
  
443  
00:19:55,070 --> 00:19:56,750  
它肯定是一个什么脉啊  
  
444  
00:19:57,280 --> 00:19:59,320  
他的脉象比较实，比较充盛  
  
445  
00:19:59,840 --> 00:20:00,640  
而且呢  
  
446  
00:20:00,880 --> 00:20:03,860  
相对来说，弦紧之间啊  
  
447  
00:20:04,180 --> 00:20:05,540  
他是鼓个包  
  
448  
00:20:05,900 --> 00:20:09,190  
然后你摸上去之后，他它里头特有劲  
  
449  
00:20:09,630 --> 00:20:09,950  
对吧  
  
450  
00:20:09,950 --> 00:20:11,430  
纸烧散是这种卖  
  
451  
00:20:12,680 --> 00:20:12,880  
嗯  
  
452  
00:20:13,200 --> 00:20:15,000  
肝气时多见啊  
  
453  
00:20:15,080 --> 00:20:16,040  
肝气时多见  
  
454  
00:20:17,040 --> 00:20:18,560  
那么这个时候止芍呢  
  
455  
00:20:18,560 --> 00:20:19,680  
这两味药非常简单  
  
456  
00:20:20,160 --> 00:20:22,720  
只食苦泻芍药呢  
  
457  
00:20:23,240 --> 00:20:24,000  
也是这个  
  
458  
00:20:24,320 --> 00:20:25,560  
呃，你说苦泻啊  
  
459  
00:20:25,560 --> 00:20:26,960  
它还带点酸，对不对啊  
  
460  
00:20:27,200 --> 00:20:29,600  
我们说酸苦涌泄为阴嘛啊  
  
461  
00:20:29,640 --> 00:20:30,600  
酸苦涌泄为阴  
  
462  
00:20:31,090 --> 00:20:32,850  
因此呢，泻肝和脾  
  
463  
00:20:33,370 --> 00:20:36,050  
有的时候你说老师肝木克脾土  
  
464  
00:20:36,130 --> 00:20:37,530  
那么我补脾行不行  
  
465  
00:20:38,010 --> 00:20:38,250  
行  
  
466  
00:20:38,290 --> 00:20:38,930  
没毛病  
  
467  
00:20:39,330 --> 00:20:43,480  
但是你不泻肝脾，你补了也没啥用  
  
468  
00:20:43,920 --> 00:20:44,920  
大家明白这道理吧  
  
469  
00:20:45,360 --> 00:20:45,560  
哎  
  
470  
00:20:45,600 --> 00:20:49,390  
有的时候你不除恶，则无以扶正啊  
  
471  
00:20:49,470 --> 00:20:51,630  
很多时候都是两个手段  
  
472  
00:20:51,670 --> 00:20:53,110  
他都是要同时用的啊  
  
473  
00:20:54,790 --> 00:20:55,710  
你光说扶正  
  
474  
00:20:56,190 --> 00:20:59,830  
这边扶着扶着回头甘木又过来嗑批土啊  
  
475  
00:20:59,870 --> 00:21:00,750  
你扶不起来  
  
476  
00:21:01,440 --> 00:21:03,680  
所以说这个以泄为主啊  
  
477  
00:21:04,120 --> 00:21:04,800  
以泻为主  
  
478  
00:21:05,080 --> 00:21:09,440  
那么在临床上这两张方的应用其实就很范围很大了啊  
  
479  
00:21:09,800 --> 00:21:10,480  
范围很大  
  
480  
00:21:10,960 --> 00:21:12,970  
咱们说很多种疾病  
  
481  
00:21:13,050 --> 00:21:15,850  
比如说现在呃子宫腺肌症啊  
  
482  
00:21:16,010 --> 00:21:17,810  
那很常见的对吧啊  
  
483  
00:21:17,810 --> 00:21:21,490  
包括跟所有痛经相关的  
  
484  
00:21:22,210 --> 00:21:23,570  
甚至是经带胎产  
  
485  
00:21:23,650 --> 00:21:28,230  
咱们都可以从中间找这个靶点啊  
  
486  
00:21:28,230 --> 00:21:32,470  
这个东西不用把它思路一定的给它拘泥起来  
  
487  
00:21:32,750 --> 00:21:33,710  
以脉为掩目  
  
488  
00:21:33,790 --> 00:21:35,030  
一虚一实，肚子疼  
  
489  
00:21:35,710 --> 00:21:38,010  
多数跟妇科有关就结束了  
  
490  
00:21:38,290 --> 00:21:40,010  
最常见用于产后是不是啊  
  
491  
00:21:40,010 --> 00:21:40,570  
因为产后  
  
492  
00:21:40,570 --> 00:21:45,890  
它本身咱们说容易出现这个蓄血气滞的问题啊  
  
493  
00:21:46,360 --> 00:21:50,760  
那在临床上应用的思维广度非常多，甚则是什么啊  
  
494  
00:21:51,190 --> 00:21:53,070  
这个咱聊到这了  
  
495  
00:21:53,070 --> 00:21:56,190  
有一个疾病现在临床上也会偶尔见到  
  
496  
00:21:56,430 --> 00:21:57,390  
比如宫外孕  
  
497  
00:21:58,120 --> 00:22:02,640  
咱们说宫外孕是不是一定按照现代医学那么说  
  
498  
00:22:03,190 --> 00:22:05,390  
呃，一旦发现之后马上进手术室呢  
  
499  
00:22:05,910 --> 00:22:06,630  
其实不一定  
  
500  
00:22:07,030 --> 00:22:09,390  
当然这这个我中间要声明一下啊  
  
501  
00:22:09,710 --> 00:22:11,270  
我仅做学术探讨  
  
502  
00:22:11,750 --> 00:22:14,230  
在这咱们不是这个  
  
503  
00:22:14,230 --> 00:22:15,990  
就这不等于医嘱啊  
  
504  
00:22:15,990 --> 00:22:18,710  
你别听我课听一回之后拿当医嘱用  
  
505  
00:22:19,270 --> 00:22:19,550  
呃  
  
506  
00:22:20,240 --> 00:22:21,800  
听众你回去自己尝试  
  
507  
00:22:21,840 --> 00:22:23,760  
这个我我没那么推荐你  
  
508  
00:22:24,170 --> 00:22:24,370  
呃  
  
509  
00:22:24,370 --> 00:22:29,170  
一个成熟的医生，咱们说白了我们其实在临床上真的包括我的学生  
  
510  
00:22:29,170 --> 00:22:30,970  
他们很多都知道我们在临床上  
  
511  
00:22:30,970 --> 00:22:34,340  
很多时候其实你也真是治病的时候啊  
  
512  
00:22:34,380 --> 00:22:36,380  
也是承担很多风险  
  
513  
00:22:36,620 --> 00:22:37,500  
但说句实话  
  
514  
00:22:37,780 --> 00:22:41,930  
我们只能从技术层面，理论层面给大家  
  
515  
00:22:41,930 --> 00:22:43,450  
大家分享古人的智慧  
  
516  
00:22:44,010 --> 00:22:45,970  
但是到时候就具体怎么弄  
  
517  
00:22:46,560 --> 00:22:48,080  
就事论事吧，是不是啊  
  
518  
00:22:48,320 --> 00:22:49,520  
哎，咱就说这个事  
  
519  
00:22:49,520 --> 00:22:50,280  
比如宫外孕  
  
520  
00:22:50,640 --> 00:22:51,600  
那你说宫外孕  
  
521  
00:22:52,820 --> 00:22:54,700  
很多时候啊，他是一个急腹症  
  
522  
00:22:55,500 --> 00:22:58,660  
那么他的脉如果出现了那种石像  
  
523  
00:23:00,580 --> 00:23:05,080  
尤其很多时候是那个特别明确的，哎  
  
524  
00:23:05,240 --> 00:23:06,080  
闲适之相  
  
525  
00:23:06,610 --> 00:23:06,810  
呃  
  
526  
00:23:06,890 --> 00:23:09,330  
那么你大剂量的止烧散就可以跟进  
  
527  
00:23:09,730 --> 00:23:10,890  
但这里头两个因素  
  
528  
00:23:10,890 --> 00:23:13,050  
第一你认证准不准对不对啊  
  
529  
00:23:13,370 --> 00:23:13,810  
第二  
  
530  
00:23:14,150 --> 00:23:16,070  
你说老师我认证，我认准了  
  
531  
00:23:16,070 --> 00:23:17,430  
我觉得他一定是纸抄散证  
  
532  
00:23:17,470 --> 00:23:18,750  
然后我用完他没好使  
  
533  
00:23:19,920 --> 00:23:22,000  
那你芍药开15克那也不行啊  
  
534  
00:23:22,800 --> 00:23:23,960  
大家明白我这道理了吧  
  
535  
00:23:23,960 --> 00:23:25,200  
你量得跟上  
  
536  
00:23:25,700 --> 00:23:28,020  
你量得跟上，你看原文对吧  
  
537  
00:23:28,100 --> 00:23:29,540  
它首先是一个散剂  
  
538  
00:23:29,900 --> 00:23:33,020  
但是我们画材盛的话，那基本就是汤剂  
  
539  
00:23:33,500 --> 00:23:34,460  
你分什么事  
  
540  
00:23:34,990 --> 00:23:37,750  
假如如果是这种问题，我们是宫外孕  
  
541  
00:23:37,950 --> 00:23:40,660  
那你尽量就得大点，是不是啊  
  
542  
00:23:40,820 --> 00:23:41,980  
你剂量就得大点  
  
543  
00:23:42,140 --> 00:23:42,820  
那你指实  
  
544  
00:23:43,820 --> 00:23:44,580  
咱说白了  
  
545  
00:23:45,660 --> 00:23:48,020  
如果脉象很充盛  
  
546  
00:23:48,620 --> 00:23:50,540  
我前几啊，卖相很充盛  
  
547  
00:23:52,080 --> 00:23:54,840  
那你没有个二三十他也不顶事，儿吧  
  
548  
00:23:55,320 --> 00:23:57,160  
你芍药不上个五六十  
  
549  
00:23:59,520 --> 00:24:01,840  
你你用了它也作用也不大啊  
  
550  
00:24:01,960 --> 00:24:03,870  
所以很多时候，嗯  
  
551  
00:24:03,910 --> 00:24:05,670  
并不是说中药不好用啊  
  
552  
00:24:05,670 --> 00:24:09,470  
我们自己有没有掌握方，一、方法对不对  
  
553  
00:24:09,590 --> 00:24:11,660  
二、方法思路对了  
  
554  
00:24:11,660 --> 00:24:13,100  
但是你用量行不行啊  
  
555  
00:24:13,700 --> 00:24:14,540  
这个都有关  
  
556  
00:24:15,180 --> 00:24:17,860  
呃，很多时候是可以保守治疗可以改变的啊  
  
557  
00:24:18,100 --> 00:24:19,060  
这是可以改变的  
  
558  
00:24:19,660 --> 00:24:22,380  
那么临床中有很多相应的案例啊  
  
559  
00:24:25,700 --> 00:24:27,180  
免去手术之苦啊  
  
560  
00:24:27,260 --> 00:24:28,300  
免去手术之苦  
  
561  
00:24:29,260 --> 00:24:32,010  
呃，我在临床上总是这个观点  
  
562  
00:24:32,010 --> 00:24:33,210  
我学生们很熟悉  
  
563  
00:24:33,570 --> 00:24:37,250  
患者有时候经常问我说老师说这个要不要手术  
  
564  
00:24:37,250 --> 00:24:38,490  
或者要要不要怎么样  
  
565  
00:24:38,650 --> 00:24:39,970  
我呀，只是个中医  
  
566  
00:24:39,970 --> 00:24:42,570  
我没有权利决定你的选择  
  
567  
00:24:42,850 --> 00:24:44,650  
但是我呢，可以多说一句话  
  
568  
00:24:44,930 --> 00:24:46,210  
我说，呃  
  
569  
00:24:46,650 --> 00:24:50,770  
现阶段你不妨用中药先试试看  
  
570  
00:24:51,390 --> 00:24:51,750  
对吧  
  
571  
00:24:51,990 --> 00:24:53,670  
你多说这么一句话，没毛病  
  
572  
00:24:54,070 --> 00:24:54,870  
不行再说呗  
  
573  
00:24:54,990 --> 00:24:55,310  
对吧  
  
574  
00:24:55,470 --> 00:24:57,070  
那么很多时候他就行了  
  
575  
00:24:57,390 --> 00:24:59,960  
那行了不就挺好嘛  
  
576  
00:25:00,080 --> 00:25:00,400  
嗯  
  
577  
00:25:01,790 --> 00:25:04,070  
那么这是两张方正好是一对啊  
  
578  
00:25:04,990 --> 00:25:07,270  
核心眼目就在麦上，一虚一实  
  
579  
00:25:08,490 --> 00:25:10,930  
治疗的部位腹痛对吧  
  
580  
00:25:11,580 --> 00:25:13,140  
解决的问题，当下的问题  
  
581  
00:25:13,140 --> 00:25:13,540  
产后  
  
582  
00:25:14,010 --> 00:25:16,490  
但是根据他的理论推而广之  
  
583  
00:25:16,570 --> 00:25:18,330  
从虚寒和实热的角度  
  
584  
00:25:18,690 --> 00:25:21,630  
那么你可以根据脉象，广而论之  
  
585  
00:25:21,750 --> 00:25:23,070  
甚至是在临床上啊  
  
586  
00:25:23,460 --> 00:25:25,300  
我用纸烧散，我每天都用  
  
587  
00:25:25,300 --> 00:25:26,300  
我学生知道对吧  
  
588  
00:25:26,460 --> 00:25:28,220  
就揉到各种方里  
  
589  
00:25:28,440 --> 00:25:30,800  
那这个里头说白了我用纸烧散的时候  
  
590  
00:25:30,800 --> 00:25:32,760  
我根本就不不问他有没有腹痛  
  
591  
00:25:33,360 --> 00:25:34,520  
有卖就行了  
  
592  
00:25:36,080 --> 00:25:37,520  
我看病看的就是脉  
  
593  
00:25:39,560 --> 00:25:43,040  
他那脉不对，你给他看对了或者看的相对的对了  
  
594  
00:25:43,600 --> 00:25:45,560  
那他就病就好了啊  
  
595  
00:25:45,800 --> 00:25:46,480  
就这么简单  
  
596  
00:25:47,600 --> 00:25:48,000  
好  
  
597  
00:25:49,250 --> 00:25:51,690  
你接着往后看啊，第六条  
  
598  
00:25:54,340 --> 00:25:55,260  
第六条讲呢  
  
599  
00:25:55,740 --> 00:25:58,020  
呃，这个所说的下瘀血糖  
  
600  
00:25:58,140 --> 00:26:01,140  
这也是我们常用的一张方诗曰  
  
601  
00:26:03,220 --> 00:26:09,890  
产妇腹痛法当以直炒散这句话翻译过来  
  
602  
00:26:09,890 --> 00:26:10,610  
啥意思啊  
  
603  
00:26:12,090 --> 00:26:13,850  
新产之妇人肚子疼  
  
604  
00:26:15,160 --> 00:26:17,920  
正常来说用纸烧散  
  
605  
00:26:17,960 --> 00:26:21,040  
而且从这个前后文来看，他用没用啊  
  
606  
00:26:22,300 --> 00:26:23,020  
已经用了  
  
607  
00:26:23,340 --> 00:26:26,020  
要不不可能有假令不育，对不对啊  
  
608  
00:26:26,420 --> 00:26:27,980  
但是用完了咋还不育呢  
  
609  
00:26:28,300 --> 00:26:29,380  
是不是用错了  
  
610  
00:26:30,330 --> 00:26:31,290  
不是用错了  
  
611  
00:26:31,330 --> 00:26:34,050  
这个时候我跟我的学生也经常这么说  
  
612  
00:26:34,610 --> 00:26:37,270  
中医一医道之难啊  
  
613  
00:26:37,350 --> 00:26:38,710  
在于你对了都不行  
  
614  
00:26:38,710 --> 00:26:43,080  
是不是你说我我开这方开的对纸烧散没毛病，没毛病啊  
  
615  
00:26:43,080 --> 00:26:44,000  
但患者就是不好  
  
616  
00:26:44,040 --> 00:26:44,480  
咋的吧  
  
617  
00:26:45,000 --> 00:26:46,400  
那个病他很深  
  
618  
00:26:47,350 --> 00:26:50,070  
这里头除了刚才说的湿热气滞  
  
619  
00:26:50,470 --> 00:26:51,670  
它还有一个东西叫什么  
  
620  
00:26:51,670 --> 00:26:52,790  
叫淤血知道吗  
  
621  
00:26:53,230 --> 00:26:54,430  
哎，此什么啊  
  
622  
00:26:55,250 --> 00:26:59,130  
此为腹中有肝血着脐下啊  
  
623  
00:27:00,010 --> 00:27:00,810  
有这个淤血  
  
624  
00:27:02,400 --> 00:27:03,240  
咦，什么呢  
  
625  
00:27:04,550 --> 00:27:07,030  
下瘀血汤，那么包公啊  
  
626  
00:27:07,150 --> 00:27:09,870  
产后这个古人没有宫外孕  
  
627  
00:27:10,910 --> 00:27:11,190  
哦  
  
628  
00:27:11,190 --> 00:27:11,670  
说错了  
  
629  
00:27:11,710 --> 00:27:15,900  
古人没有，那个叫什么叫剖腹产啊  
  
630  
00:27:16,100 --> 00:27:19,460  
刚才一下穿线了，古人没有剖腹产  
  
631  
00:27:20,740 --> 00:27:23,980  
那没有剖腹产的他都是自然顺产吧  
  
632  
00:27:24,500 --> 00:27:24,700  
哎  
  
633  
00:27:24,700 --> 00:27:25,860  
或者有的顺产不了  
  
634  
00:27:25,860 --> 00:27:27,430  
可能就出现，呃  
  
635  
00:27:27,430 --> 00:27:29,030  
很可怕的这个难产啊  
  
636  
00:27:29,070 --> 00:27:30,390  
那是要命的  
  
637  
00:27:30,390 --> 00:27:32,070  
很多时候很可怕  
  
638  
00:27:33,680 --> 00:27:38,560  
那么用了这个纸纸勺散之后  
  
639  
00:27:39,470 --> 00:27:41,390  
还是有这个腹痛不去  
  
640  
00:27:42,310 --> 00:27:45,000  
那么你就要思考啊  
  
641  
00:27:45,000 --> 00:27:46,520  
他这是给你提个思路  
  
642  
00:27:46,840 --> 00:27:52,140  
你就要思考是否会有淤血的这个病机在里头  
  
643  
00:27:52,420 --> 00:27:54,060  
你就得琢磨多一条路  
  
644  
00:27:54,060 --> 00:27:56,980  
是不是就琢磨有没有这个淤血的病机  
  
645  
00:27:57,670 --> 00:27:59,550  
那么怎么看有没有淤血定技  
  
646  
00:27:59,550 --> 00:28:02,590  
我们之前在淤血篇相对给大家  
  
647  
00:28:02,590 --> 00:28:04,580  
大家也说过很多啊  
  
648  
00:28:04,620 --> 00:28:07,820  
比如是否有肌肤甲错，包括成熟的医生  
  
649  
00:28:07,820 --> 00:28:12,000  
其实你基本上在麦上一答也就答出来了  
  
650  
00:28:12,000 --> 00:28:15,600  
他那种呃脉的那种色相是吧  
  
651  
00:28:15,600 --> 00:28:19,040  
那种淤血的麦很呃，很独特的一摸  
  
652  
00:28:19,320 --> 00:28:20,920  
像那个小沙粒一样，对吧  
  
653  
00:28:21,320 --> 00:28:25,110  
哎，就真跟古人说的那个轻刀刮竹那种感觉很像啊  
  
654  
00:28:25,110 --> 00:28:25,990  
有那种状态  
  
655  
00:28:26,030 --> 00:28:27,310  
那么你让伸舌头吧  
  
656  
00:28:27,920 --> 00:28:32,040  
啊啪一抬舌下的那个清脉非常明显  
  
657  
00:28:32,120 --> 00:28:33,680  
那这个时候淤血就可以  
  
658  
00:28:34,200 --> 00:28:36,330  
呃，按这个瘀血论治  
  
659  
00:28:36,490 --> 00:28:37,770  
但是注意一点啊  
  
660  
00:28:38,250 --> 00:28:38,930  
注意一点  
  
661  
00:28:39,640 --> 00:28:41,440  
往往有的时候有一类  
  
662  
00:28:41,440 --> 00:28:42,800  
这个你不一定能碰见啊  
  
663  
00:28:43,480 --> 00:28:46,570  
呃，我碰见过很少  
  
664  
00:28:46,850 --> 00:28:48,810  
但是这个很有意思  
  
665  
00:28:49,370 --> 00:28:52,010  
有一类淤血像特别明显的人  
  
666  
00:28:52,800 --> 00:28:55,720  
你别一看见之后你马上就是下雨  
  
667  
00:28:55,720 --> 00:28:56,720  
雪的东西就下去了  
  
668  
00:28:57,120 --> 00:28:59,120  
你要多问一句，你得看看脉  
  
669  
00:28:59,200 --> 00:29:00,280  
这个在麦里都有  
  
670  
00:29:00,320 --> 00:29:03,040  
其实啊，你按照卖是用不错的  
  
671  
00:29:03,810 --> 00:29:06,090  
但怕你卖不成熟对吧  
  
672  
00:29:06,170 --> 00:29:07,570  
然后你认为啊是淤血  
  
673  
00:29:07,570 --> 00:29:11,600  
然后咣一下抵档下淤血都都上去了  
  
674  
00:29:12,480 --> 00:29:15,120  
有一类是血小板过低  
  
675  
00:29:16,740 --> 00:29:20,380  
引起来的，因为血小板过低造成什么啊  
  
676  
00:29:21,530 --> 00:29:22,850  
他那个不同血  
  
677  
00:29:23,410 --> 00:29:26,050  
不同血之后血呢，没事就往外跑  
  
678  
00:29:26,800 --> 00:29:30,600  
所以造成了一种类似于雪人状态的假象  
  
679  
00:29:31,470 --> 00:29:35,270  
这个在麦上，它的脉往往是疲软无力的  
  
680  
00:29:36,030 --> 00:29:37,550  
甚至是微弱的啊  
  
681  
00:29:37,630 --> 00:29:38,110  
知道吗  
  
682  
00:29:38,110 --> 00:29:38,910  
就这种状态  
  
683  
00:29:39,190 --> 00:29:42,870  
那么你就要留神，一定要让他检查一下血小板  
  
684  
00:29:43,190 --> 00:29:47,060  
然后你再决定用不用这个下雨血糖  
  
685  
00:29:47,380 --> 00:29:49,340  
如果你一看完了血小板  
  
686  
00:29:49,700 --> 00:29:51,620  
咱说白了，特特低是吧  
  
687  
00:29:52,180 --> 00:29:52,380  
哎  
  
688  
00:29:52,660 --> 00:29:56,440  
那这个时候你你就得想啊  
  
689  
00:29:56,960 --> 00:29:58,160  
不能冒失  
  
690  
00:29:58,800 --> 00:30:01,520  
弄不好你这一个抵当汤就要命了  
  
691  
00:30:01,960 --> 00:30:03,320  
血就止不住了啊  
  
692  
00:30:04,430 --> 00:30:04,670  
呃  
  
693  
00:30:05,230 --> 00:30:09,150  
因为在临床上我的这个呃接触的肿瘤患者居多  
  
694  
00:30:09,590 --> 00:30:10,830  
呃，尤其是肿瘤患者  
  
695  
00:30:10,830 --> 00:30:12,870  
各种各样的来来到咱们这，对吧  
  
696  
00:30:13,190 --> 00:30:13,350  
呃  
  
697  
00:30:13,350 --> 00:30:16,460  
你是术后的，放化疗之后的  
  
698  
00:30:16,460 --> 00:30:16,780  
对吧  
  
699  
00:30:17,260 --> 00:30:17,460  
诶  
  
700  
00:30:17,940 --> 00:30:21,800  
那么这样的很多就有类似的情况啊  
  
701  
00:30:21,800 --> 00:30:23,640  
血小板过低正常见不着  
  
702  
00:30:23,960 --> 00:30:25,480  
这种情况正常见不着啊  
  
703  
00:30:26,030 --> 00:30:29,030  
过低之后反而有淤血之象，这个大家要注意  
  
704  
00:30:29,590 --> 00:30:33,430  
那么下淤血汤它最巧妙的一个地方是什么呢，你看啊  
  
705  
00:30:33,710 --> 00:30:35,560  
非常有意思，呃  
  
706  
00:30:35,560 --> 00:30:38,720  
这个方其实是抵当汤之变局看到了吧  
  
707  
00:30:39,240 --> 00:30:40,960  
去掉了萌宠水质换上谁了  
  
708  
00:30:42,560 --> 00:30:45,640  
哎，换土虫为什么这个非常简单  
  
709  
00:30:45,760 --> 00:30:46,400  
你看啊  
  
710  
00:30:47,800 --> 00:30:48,760  
萌宠水质啊  
  
711  
00:30:48,920 --> 00:30:51,200  
它所治疗这种淤  
  
712  
00:30:52,240 --> 00:30:55,900  
它所治疗这种淤，相对来说比较实  
  
713  
00:30:55,940 --> 00:30:57,860  
我个人认为啊，比较实  
  
714  
00:30:58,340 --> 00:31:01,940  
所以咱们在伤寒论里头，原文第多少条啊  
  
715  
00:31:01,980 --> 00:31:03,620  
124条还记不记得  
  
716  
00:31:04,500 --> 00:31:09,100  
当时就给大家哎，124条那个那个抵当汤政  
  
717  
00:31:09,950 --> 00:31:13,110  
那么里头写的很清楚啊  
  
718  
00:31:13,710 --> 00:31:17,030  
那么少府当什么呀  
  
719  
00:31:17,860 --> 00:31:18,940  
硬满啊  
  
720  
00:31:18,980 --> 00:31:22,340  
他是一个已经续的续的很实的状态  
  
721  
00:31:23,140 --> 00:31:26,030  
这个时候所以用萌虫水质，两个东西  
  
722  
00:31:26,270 --> 00:31:28,470  
一个能飞，一个能潜啊  
  
723  
00:31:28,790 --> 00:31:31,470  
那么上下肢淤血并消  
  
724  
00:31:33,140 --> 00:31:33,940  
在这不行  
  
725  
00:31:34,460 --> 00:31:35,820  
因为刚生完小孩  
  
726  
00:31:36,790 --> 00:31:37,990  
刚生完小孩啊  
  
727  
00:31:37,990 --> 00:31:39,910  
他这个就地方就是为什么用土虫啊  
  
728  
00:31:40,270 --> 00:31:42,510  
你把这条想明白，土虫你就会用了  
  
729  
00:31:43,630 --> 00:31:45,790  
刚生完小孩为啥不能用萌宠水质  
  
730  
00:31:45,790 --> 00:31:47,670  
因为他那个虽有淤血啊  
  
731  
00:31:49,030 --> 00:31:50,790  
但是伤口还没长好呢吧  
  
732  
00:31:51,970 --> 00:31:54,410  
它里头脉络还没完全恢复呢  
  
733  
00:31:54,730 --> 00:31:57,810  
你上去之后萌冲水质，咱说白了  
  
734  
00:31:59,680 --> 00:32:01,120  
奔冲并进  
  
735  
00:32:03,640 --> 00:32:04,320  
受不了啊  
  
736  
00:32:04,320 --> 00:32:05,160  
患者受不了啊  
  
737  
00:32:05,480 --> 00:32:06,120  
所以怎么办  
  
738  
00:32:06,960 --> 00:32:08,560  
土虫有个什么特点  
  
739  
00:32:08,600 --> 00:32:09,960  
我这个没试过啊  
  
740  
00:32:10,940 --> 00:32:16,460  
但是我看过很多这个古代的本草文献是这么说的  
  
741  
00:32:16,500 --> 00:32:18,020  
说这个土虫很神奇  
  
742  
00:32:19,420 --> 00:32:25,370  
你把它从中间切一刀切两半是吧  
  
743  
00:32:25,730 --> 00:32:25,890  
哎  
  
744  
00:32:25,890 --> 00:32:27,850  
你不能竖着切，你得哼  
  
745  
00:32:27,930 --> 00:32:28,650  
明白我意思吧  
  
746  
00:32:29,010 --> 00:32:29,850  
竖着切不行啊  
  
747  
00:32:30,330 --> 00:32:32,050  
横着横着一刀两段  
  
748  
00:32:32,610 --> 00:32:33,690  
前头一半，后头一半  
  
749  
00:32:33,690 --> 00:32:34,050  
对吧  
  
750  
00:32:34,860 --> 00:32:36,260  
拼上啊  
  
751  
00:32:36,300 --> 00:32:37,980  
找一碗给他扣里  
  
752  
00:32:38,940 --> 00:32:43,180  
据说过一宿之后，他自己能接上  
  
753  
00:32:44,170 --> 00:32:45,130  
呃，这个事儿吧  
  
754  
00:32:45,370 --> 00:32:46,610  
咱们本着科学的精神  
  
755  
00:32:46,650 --> 00:32:50,250  
就是说很多东西你你要是说试验试验  
  
756  
00:32:50,250 --> 00:32:51,010  
但是我吧  
  
757  
00:32:51,730 --> 00:32:54,130  
呃呃，还没那么大瘾头啊  
  
758  
00:32:54,130 --> 00:32:56,730  
我总觉得这个我们用虫类药吧  
  
759  
00:32:56,730 --> 00:32:58,010  
也是不得已而为之啊  
  
760  
00:32:58,490 --> 00:32:59,810  
呃，杀生不虐生吧  
  
761  
00:32:59,810 --> 00:33:02,800  
本着这个原则，这点我做的不好啊  
  
762  
00:33:02,840 --> 00:33:04,840  
所以说我就没做这个实验  
  
763  
00:33:05,800 --> 00:33:06,160  
嗯  
  
764  
00:33:07,900 --> 00:33:13,260  
但是古人说这事我觉得他能不能接上不重要  
  
765  
00:33:13,780 --> 00:33:14,700  
重要的是什么  
  
766  
00:33:15,340 --> 00:33:18,390  
通过这个事啊，表达一个什么  
  
767  
00:33:20,220 --> 00:33:23,260  
土虫有这种接续之功对吧  
  
768  
00:33:24,620 --> 00:33:26,340  
所以什么时候用土虫  
  
769  
00:33:26,420 --> 00:33:28,860  
比如说呃，骨折  
  
770  
00:33:29,990 --> 00:33:31,670  
咱们打个比方，哎  
  
771  
00:33:32,550 --> 00:33:34,430  
你把那个土虫焙干了之后  
  
772  
00:33:34,630 --> 00:33:40,000  
研末每天九颗黄酒送服  
  
773  
00:33:41,560 --> 00:33:41,920  
哎  
  
774  
00:33:43,210 --> 00:33:46,610  
既能接续又能驱是吧  
  
775  
00:33:46,650 --> 00:33:49,360  
就这种方法其实有很多啊，呃  
  
776  
00:33:49,360 --> 00:33:52,360  
我说这种方法就是民间散见的，有很多  
  
777  
00:33:52,840 --> 00:33:54,040  
咱们明白它的道理  
  
778  
00:33:54,590 --> 00:33:55,590  
他有接续之功  
  
779  
00:33:56,270 --> 00:33:59,590  
那么富人心产最大的一个特点  
  
780  
00:34:02,840 --> 00:34:04,440  
你不但要关注他的淤血  
  
781  
00:34:04,920 --> 00:34:06,920  
你是不是还得让他想办法愈合呀  
  
782  
00:34:07,840 --> 00:34:08,120  
哎  
  
783  
00:34:08,199 --> 00:34:11,239  
所以这个地方就下淤血汤这么体现的啊  
  
784  
00:34:13,840 --> 00:34:15,760  
所以这个方子名字起的很有意思  
  
785  
00:34:16,199 --> 00:34:17,800  
你并能不能认为啊  
  
786  
00:34:17,840 --> 00:34:23,310  
他这个呃下淤血汤就是因为他下淤血很猛  
  
787  
00:34:23,949 --> 00:34:25,230  
相反还真不猛  
  
788  
00:34:25,710 --> 00:34:27,750  
要比猛比不过抵挡对吧  
  
789  
00:34:31,400 --> 00:34:32,560  
但是他虽然不猛  
  
790  
00:34:32,600 --> 00:34:34,719  
他能收全攻，哎  
  
791  
00:34:34,880 --> 00:34:36,040  
咱们也注意啊  
  
792  
00:34:36,080 --> 00:34:37,429  
这个，呃  
  
793  
00:34:37,590 --> 00:34:38,949  
很多时候  
  
794  
00:34:39,070 --> 00:34:41,710  
尤其你们毕业了之后，走到社会上  
  
795  
00:34:42,230 --> 00:34:44,030  
做事不在于猛  
  
796  
00:34:45,610 --> 00:34:47,210  
猛了有可能你收不回来  
  
797  
00:34:47,850 --> 00:34:49,610  
做事在于什么，在于恰当  
  
798  
00:34:50,210 --> 00:34:50,690  
明白吗  
  
799  
00:34:51,010 --> 00:34:51,210  
哎  
  
800  
00:34:51,210 --> 00:34:56,190  
就是跟为人处事说话办事恰当够用了  
  
801  
00:34:56,190 --> 00:34:56,909  
解决问题了  
  
802  
00:34:56,909 --> 00:35:00,030  
双方的面子留下来了是最重要的  
  
803  
00:35:00,350 --> 00:35:02,030  
这样的话你做事能长久  
  
804  
00:35:02,950 --> 00:35:04,790  
你要说刚毕业的学生对吧  
  
805  
00:35:04,910 --> 00:35:06,950  
那时候都都都冲啥事  
  
806  
00:35:06,950 --> 00:35:08,870  
我就非得叫一个试飞啊  
  
807  
00:35:09,440 --> 00:35:09,800  
好吧  
  
808  
00:35:09,960 --> 00:35:13,040  
那你猛一回发现这回你赢了  
  
809  
00:35:14,250 --> 00:35:14,970  
也可能没赢  
  
810  
00:35:15,010 --> 00:35:15,490  
哈哈  
  
811  
00:35:15,850 --> 00:35:16,450  
下回呢  
  
812  
00:35:16,890 --> 00:35:17,370  
是不是啊  
  
813  
00:35:17,370 --> 00:35:19,330  
你这事你下回你不跟人见面了  
  
814  
00:35:19,770 --> 00:35:20,570  
所以什么东西  
  
815  
00:35:20,970 --> 00:35:23,730  
呃，古人讲大道之用啊  
  
816  
00:35:25,830 --> 00:35:28,430  
绵绵絮絮，用之不勤啊  
  
817  
00:35:28,950 --> 00:35:29,510  
是不是啊  
  
818  
00:35:30,040 --> 00:35:33,760  
你琢磨这事儿，古人用药也是有淤血有没有  
  
819  
00:35:33,760 --> 00:35:35,480  
有，该不该下  
  
820  
00:35:35,480 --> 00:35:37,520  
该下怎么下  
  
821  
00:35:38,540 --> 00:35:41,980  
既要下还要把它接上，明白了吗  
  
822  
00:35:42,060 --> 00:35:43,340  
哎，这很有意思  
  
823  
00:35:44,970 --> 00:35:46,690  
那么淤血，心血下之后啊  
  
824  
00:35:46,690 --> 00:35:49,730  
古人讲叫心血下如屯肝  
  
825  
00:35:50,290 --> 00:35:52,010  
就如同那个猪肝色  
  
826  
00:35:54,920 --> 00:35:56,120  
如同猪肝色啊  
  
827  
00:35:58,200 --> 00:36:00,440  
这个在临床中有很多啊  
  
828  
00:36:00,560 --> 00:36:04,380  
这个比如说经期患者呢  
  
829  
00:36:04,460 --> 00:36:05,300  
女患，啊会  
  
830  
00:36:05,540 --> 00:36:07,260  
你用了这个下淤血的方法  
  
831  
00:36:07,260 --> 00:36:09,540  
用对了会，下了一些血块  
  
832  
00:36:11,080 --> 00:36:12,640  
那肯定是好事，是不是啊  
  
833  
00:36:12,640 --> 00:36:14,240  
那你想想，这东西要续到身上  
  
834  
00:36:14,720 --> 00:36:16,560  
那时间长，那不得出变化了啊  
  
835  
00:36:17,240 --> 00:36:18,040  
下一些血块  
  
836  
00:36:18,440 --> 00:36:18,640  
呃  
  
837  
00:36:18,760 --> 00:36:23,590  
在产后它有一个专属名词，称之为啥呀  
  
838  
00:36:24,390 --> 00:36:25,310  
咱们同学知道吧  
  
839  
00:36:26,800 --> 00:36:27,720  
那你都知道啊  
  
840  
00:36:27,720 --> 00:36:29,760  
你咋能不知道恶露嘛  
  
841  
00:36:29,800 --> 00:36:30,160  
对吧  
  
842  
00:36:30,320 --> 00:36:31,440  
哎，就这东西啊  
  
843  
00:36:33,430 --> 00:36:35,110  
不是好东西，这个都得给他  
  
844  
00:36:35,470 --> 00:36:36,750  
该攻下来就攻下来  
  
845  
00:36:37,070 --> 00:36:37,270  
好  
  
846  
00:36:37,270 --> 00:36:38,190  
我们接着往下看  
  
847  
00:36:39,430 --> 00:36:40,710  
呃原文  
  
848  
00:36:45,540 --> 00:36:46,140  
第七条  
  
849  
00:36:47,380 --> 00:36:51,540  
第七条讲产后78日无太阳症  
  
850  
00:36:52,340 --> 00:36:59,840  
少妇肩痛这八个字就是恶露的一个表现啊  
  
851  
00:37:00,590 --> 00:37:04,710  
没有表症，但是少妇少妇就是小肚子吧  
  
852  
00:37:05,390 --> 00:37:06,350  
小肚子怎么样  
  
853  
00:37:07,110 --> 00:37:10,030  
肩痛是俩词儿又硬又痛  
  
854  
00:37:12,520 --> 00:37:13,360  
唉，又硬又痛  
  
855  
00:37:13,680 --> 00:37:15,880  
此什么恶露不尽  
  
856  
00:37:16,400 --> 00:37:16,600  
唉  
  
857  
00:37:16,600 --> 00:37:18,320  
恶路不尽，呃  
  
858  
00:37:18,810 --> 00:37:19,530  
恶露不尽呢  
  
859  
00:37:19,530 --> 00:37:22,170  
那么它正常来说我们说有恶露啊  
  
860  
00:37:22,170 --> 00:37:25,130  
你现在用很多用生化汤对不对啊  
  
861  
00:37:25,530 --> 00:37:26,330  
用的比较多  
  
862  
00:37:26,710 --> 00:37:28,510  
呃，生化汤有它的好处啊  
  
863  
00:37:29,110 --> 00:37:29,390  
嗯  
  
864  
00:37:31,080 --> 00:37:32,360  
就是后世方吧  
  
865  
00:37:33,000 --> 00:37:37,530  
你看汉晋经方方比较简  
  
866  
00:37:38,370 --> 00:37:39,250  
剂量比较大  
  
867  
00:37:39,450 --> 00:37:40,330  
力量比较猛  
  
868  
00:37:40,930 --> 00:37:42,010  
它有它的好处  
  
869  
00:37:43,490 --> 00:37:47,410  
中医不能，不能似古而非今  
  
870  
00:37:49,280 --> 00:37:50,240  
不能那样啊  
  
871  
00:37:51,110 --> 00:37:53,510  
很多后世医家的东西  
  
872  
00:37:53,910 --> 00:37:55,150  
每每我们中医界啊  
  
873  
00:37:55,470 --> 00:37:58,430  
有一种风气就认为越古代的越好  
  
874  
00:37:59,640 --> 00:38:01,120  
越现代的越不行  
  
875  
00:38:02,200 --> 00:38:04,890  
呃，有些观点我也认同  
  
876  
00:38:05,380 --> 00:38:06,260  
我真的很认同  
  
877  
00:38:06,260 --> 00:38:08,340  
就是你看到很多古方和今方的变化  
  
878  
00:38:08,620 --> 00:38:09,740  
古人的东西很考究  
  
879  
00:38:09,780 --> 00:38:13,900  
但是是不是绝对不是这个不绝对啊  
  
880  
00:38:14,300 --> 00:38:15,380  
你像四大家呀  
  
881  
00:38:15,380 --> 00:38:16,180  
包括温病啊  
  
882  
00:38:16,580 --> 00:38:18,540  
很多东西你在临床中用的很多  
  
883  
00:38:18,980 --> 00:38:21,960  
你看我就是伤寒金匮出身的  
  
884  
00:38:22,000 --> 00:38:23,960  
伤寒金匮看家的，呃  
  
885  
00:38:25,520 --> 00:38:27,440  
虽然不敢说咱会用啊  
  
886  
00:38:27,440 --> 00:38:30,440  
但是起码在临床中用它吃饭啊  
  
887  
00:38:30,440 --> 00:38:31,320  
这是我的饭碗  
  
888  
00:38:32,320 --> 00:38:33,920  
我看到后世宜家很多东西  
  
889  
00:38:33,920 --> 00:38:39,010  
你发现都是每代的一家为了解决当下的问题  
  
890  
00:38:39,130 --> 00:38:40,090  
善巧方便  
  
891  
00:38:41,130 --> 00:38:43,450  
设立的一些方便法，真的是这样的  
  
892  
00:38:43,890 --> 00:38:45,090  
那么所以，呃  
  
893  
00:38:45,090 --> 00:38:46,050  
生化汤很多方  
  
894  
00:38:46,050 --> 00:38:47,450  
它有它的道理  
  
895  
00:38:47,700 --> 00:38:49,940  
它在能祛瘀的时候，它还注重补虚  
  
896  
00:38:50,620 --> 00:38:51,180  
你看啊  
  
897  
00:38:51,300 --> 00:38:53,020  
后世的人，尤其当代的人  
  
898  
00:38:53,580 --> 00:38:54,740  
这个虚损的问题  
  
899  
00:38:54,820 --> 00:39:02,350  
是逐渐出现了一个扩大化的日日趋明显的现象啊  
  
900  
00:39:03,740 --> 00:39:06,940  
那么这块我们看恶露不尽之后  
  
901  
00:39:07,580 --> 00:39:11,660  
后头就转归到另一个矛盾上了  
  
902  
00:39:11,820 --> 00:39:12,540  
什么矛盾呢  
  
903  
00:39:12,540 --> 00:39:13,100  
不大变  
  
904  
00:39:13,830 --> 00:39:14,670  
烦躁，发热  
  
905  
00:39:14,990 --> 00:39:15,910  
切脉，微实  
  
906  
00:39:15,990 --> 00:39:19,030  
一摸，脉脉是实结实像还是虚像啊  
  
907  
00:39:20,800 --> 00:39:22,440  
脉是这种识相啊  
  
908  
00:39:22,560 --> 00:39:24,560  
切脉微实，然后怎么样呢  
  
909  
00:39:25,800 --> 00:39:28,640  
再背发热后头说了一句话  
  
910  
00:39:29,850 --> 00:39:34,010  
什么话叫日不食  
  
911  
00:39:35,020 --> 00:39:35,580  
烦躁者  
  
912  
00:39:35,660 --> 00:39:38,100  
这个大家就一看就明白了，对吧  
  
913  
00:39:38,820 --> 00:39:39,860  
诶，你学过伤寒论  
  
914  
00:39:39,860 --> 00:39:43,260  
你知道日播时首先大概是什么时间段啊  
  
915  
00:39:44,590 --> 00:39:46,630  
约等于申时是不是啊  
  
916  
00:39:47,030 --> 00:39:51,310  
那申时就是下午15点，对吧  
  
917  
00:39:51,910 --> 00:39:54,350  
呃到17点呗，那个时间段啊  
  
918  
00:39:54,870 --> 00:39:57,670  
那么日不时的烦躁则代表阳明不降  
  
919  
00:39:58,490 --> 00:40:01,930  
因此你看他说了，不时时则沾雨啊  
  
920  
00:40:07,380 --> 00:40:08,740  
这个时与不实啊  
  
921  
00:40:08,740 --> 00:40:09,260  
不绝对  
  
922  
00:40:09,380 --> 00:40:11,500  
我们一般来说阳明有一个特点  
  
923  
00:40:12,620 --> 00:40:13,580  
中风则能食  
  
924  
00:40:13,700 --> 00:40:14,740  
重寒则不能食  
  
925  
00:40:16,000 --> 00:40:16,960  
我跟大家说吧  
  
926  
00:40:17,440 --> 00:40:19,200  
但是你你要明白一个事  
  
927  
00:40:19,200 --> 00:40:21,160  
你看他到什么程度  
  
928  
00:40:21,930 --> 00:40:23,610  
如果到时则沾雨的时候  
  
929  
00:40:23,610 --> 00:40:24,810  
他肯定就吃不下了  
  
930  
00:40:24,930 --> 00:40:26,490  
你无论中风还是中寒啊  
  
931  
00:40:26,930 --> 00:40:27,890  
明白这个道理吧  
  
932  
00:40:28,300 --> 00:40:30,620  
哎，到这个时候肯定就已经已经不行了  
  
933  
00:40:30,900 --> 00:40:31,700  
这个时候咋办  
  
934  
00:40:31,980 --> 00:40:33,620  
你不要考虑它能不能吃  
  
935  
00:40:34,620 --> 00:40:35,820  
你要考虑他的麦  
  
936  
00:40:36,600 --> 00:40:39,320  
所以很多时候你看我们很多临床医生啊  
  
937  
00:40:39,320 --> 00:40:42,840  
真的就包括前几天有几个实习学生来啊  
  
938  
00:40:42,840 --> 00:40:45,570  
我们医院今年那个派过来的啊  
  
939  
00:40:45,610 --> 00:40:47,490  
这个过了几个实习学生，我也跟他们讲  
  
940  
00:40:47,970 --> 00:40:51,560  
我说中医真的就是你靠什么  
  
941  
00:40:52,480 --> 00:40:53,200  
四个字吧  
  
942  
00:40:53,360 --> 00:40:55,160  
以脉为师知道吗  
  
943  
00:40:55,480 --> 00:40:55,720  
哎  
  
944  
00:40:55,720 --> 00:40:57,440  
就是你不会了的时候，你咋办  
  
945  
00:40:57,760 --> 00:41:00,400  
你好好琢磨琢磨脉相啊  
  
946  
00:41:00,680 --> 00:41:03,410  
中医所谓的现代化也好啊  
  
947  
00:41:03,450 --> 00:41:05,090  
有很多人也唱衰中医  
  
948  
00:41:05,090 --> 00:41:06,890  
认为中医可能完了啊  
  
949  
00:41:06,970 --> 00:41:09,690  
甚至有些人有的人说说以后学中医得去国外  
  
950  
00:41:10,190 --> 00:41:14,190  
呃，这个东西你得怎么看中医只要他还看脉  
  
951  
00:41:15,610 --> 00:41:17,690  
它下方子是根据脉象出去的  
  
952  
00:41:17,690 --> 00:41:18,530  
他考虑问题  
  
953  
00:41:19,290 --> 00:41:20,970  
他用脉去想问题，对吧  
  
954  
00:41:21,290 --> 00:41:23,800  
这样的话中医它就不会断啊  
  
955  
00:41:23,840 --> 00:41:24,560  
不用悲观  
  
956  
00:41:24,640 --> 00:41:25,360  
我认为啊  
  
957  
00:41:26,000 --> 00:41:27,360  
我个人比较乐观的  
  
958  
00:41:27,880 --> 00:41:32,210  
那么至夜则愈到晚上就好啊  
  
959  
00:41:32,290 --> 00:41:34,610  
说明病主要在阳分啊，怎么办  
  
960  
00:41:35,250 --> 00:41:36,970  
以大乘气汤主之  
  
961  
00:41:41,120 --> 00:41:44,240  
热在里，皆在膀胱也啊  
  
962  
00:41:49,300 --> 00:41:52,580  
这个地方呢，是承气汤的一个呃  
  
963  
00:41:52,780 --> 00:41:53,740  
典型的应用  
  
964  
00:41:56,280 --> 00:41:59,960  
在这儿给大家哎  
  
965  
00:42:00,120 --> 00:42:01,800  
延延伸的这个问题啊  
  
966  
00:42:03,020 --> 00:42:07,220  
好，我们先稍事下课休息一会啊  
  
967  
00:42:07,860 --> 00:42:09,260  
后面内容咱们下节课讲